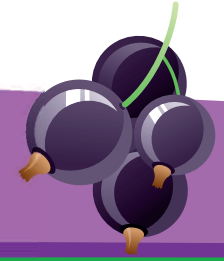


Get busy with Blackcurrants



KS1 activity sheet 4

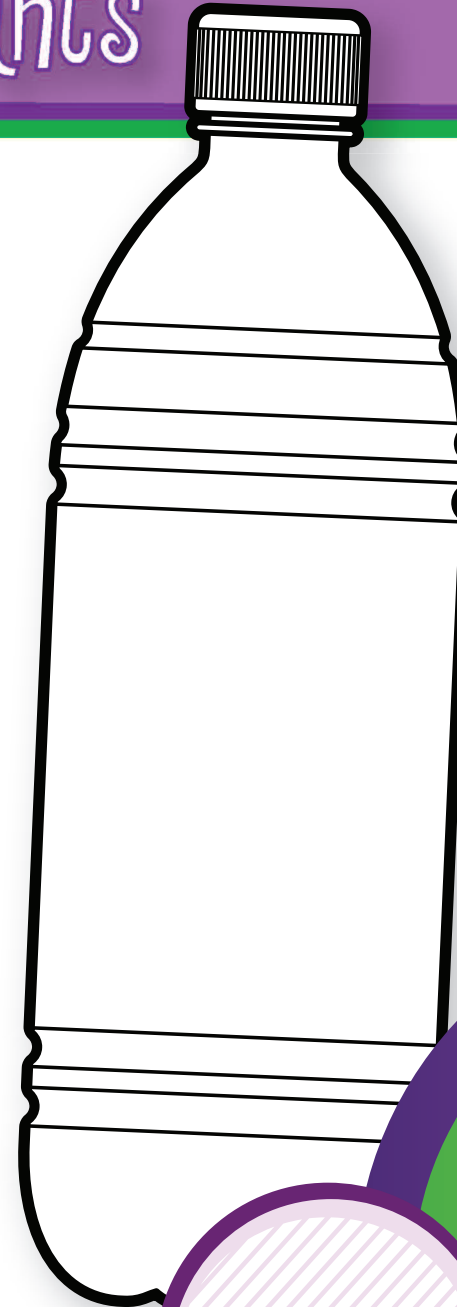
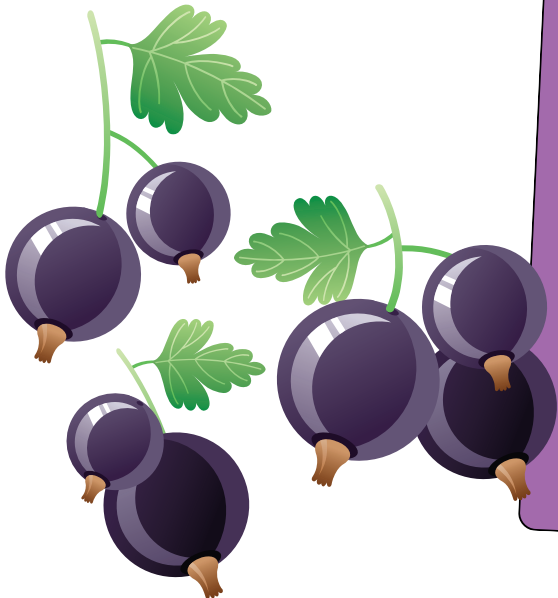
I can describe a yummy blackcurrant smoothie...

What's in your smoothie?

Smoothies are made of fresh fruit all whizzed up in a liquidiser. Sometimes milk or yogurt is added to the recipe to make them creamier.

Exercise 1: If you were making a blackcurrant smoothie, what ingredients would you use?

Write your recipe on the clipboard.



Exercise 2: You've bottled your blackcurrant smoothie, but if you're going to sell it, you'll need to put something on that label!

Think of a name for your smoothie and design a logo. You could use some or all of the colours from the healthy eating rainbow to create an eye-catching label for your bottle.

